

Safe and Sound

Count: 32 Wall: 4 Level: Absolute Beginner

Choreographer: Dee Musk (UK) - October 2020

Music: Capital Cities - Safe and Sound.

[Album: In a Tidal Wave of Mystery - Deluxe Edition - 3 mins 12 secs.]

#32 Count Intro - Approx 17 seconds.

Side, Twist, Twist, Kick, Step Back, Point, Step Forward, Point.

1-4 Step R to R side, twist both heels R, twist both heels centre, kick R forward.
5,6 Step back on R, point L to L side.
7,8 Step forward on L, point R to R side. (12 o'clock).

Right Jazzbox Cross, Side Touch, Side Touch.

1-4 Cross R over L, step back on L, step R to R side, cross L over R.
5,6 Step R to R side, touch L beside R.
7,8 Step L to L side, touch R beside L. (12 o'clock).

***R* during wall 2 - begin again facing 9 o'clock.**

Grapevine Right, Touch, Grapevine ¼ Turn Left, Brush.

1-4 Step R to R side, cross step L behind R, step R to R side, touch L beside R.
5-8 Step L to L side, cross step R behind L, make a ¼ turn L stepping forward L, brush R forward. (9 o'clock).

Right Jazzbox Cross, Right V Step.

1-4 Cross R over L, step back on L, step R to R side, cross L over R.
5-8 Step out on R, step out on L, step R in, step L beside R. (9 o'clock).

Restart during wall 2 - dance to count 16, then begin again facing 9 o'clock wall.

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