

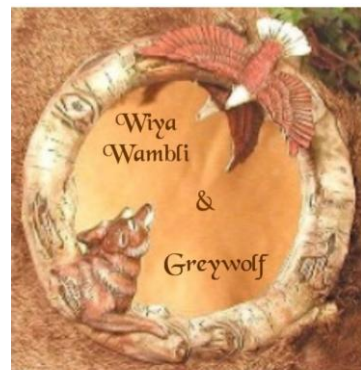
# Sad Mama

Choreography: Greywolf & Wiya Wambli

2-Wall Linedance – 32 Tellen - Beginner

Music: Doug Stone – Don't Tell Mamma ( 90 bpm) ( intro 16 tellen)

Dwight Yoakam – Don't Be Sad ( 124 bpm)



## BRUSH, STEP BACK, BACK ROCK, SHUFFLE FORWARD, PIVOT ¼ TURN L

- 1 RF brush forward
- 2 RF step back
- 3 LF rock back
- 4 Weight back on RF
- 5 LF step forward
- & RF step beside LF
- 6 LF step forward
- 7 RF step forward
- 8 LF&RF ½ turn left ( 9)

## CROSS SHUFFLE, SIDE ROCK,CROSS BEHIND, ¼ TURN R, STEP FWD, ½ PIVOT R

- 9 RF step across LF
- & LF step left
- 10 RF step across LF
- 11 LF rock left
- 12 Weight back on RF
- 13 LF cross behind RF
- 14 RF step right, ¼ turn right (12)
- 15 LF step forward
- 16 RF&LF ½ turn right (6)

## STEP FWD, ½ TURN L, ½ TURN L, STEP FWD,

## ROCK STEP, STEP BACK WITH SWEEP, STEP BACK WITH SWEEP

- 17 LF step forward
- 18 RF ½ turn left, step back ( option: RF step forward)
- 19 LF ½ turn left, step forward ( option: LF step forward)
- 20 RF step forward
- 21 LF rock forward
- 22 Weight back on RF
- 23 LF sweep and step back
- 24 RF sweep and step back

## SAILORSTEP, CROSS ROCK, SIDE ROCK, BACK ROCK

- 25 LF cross behind RF
- & RF step right
- 26 LF step left
- 27 RF rock/cross over LF
- 28 Weight back on LF
- 29 RF rock right
- 30 Weight back on LF
- 31 RF rock back
- 32 Weight back on LF

Start over

[www.wiyawoelfdance.com](http://www.wiyawoelfdance.com)