

# Moments in the Mountains

**Count:** 32      **Wall:** 4      **Level:** Improver

**Choreographer:** Karen Tripp (BC), Val Saari (Ontario) April 2019

**Music:** Moments in the Mountains by Madison Olds (iTunes Canada, Amazon)

## No Tags Or Restarts

Wait 32 counts, start on the lyrics, "We catch our breath..."

### JAZZ KICK-BALL-POINT, STEP, POINT OUT, IN, OUT

1-2                      Cross RF over left, Step LF back  
3&4                     Kick RF Forward, Step RF next to left, Point left toe to left side  
5-6                     Step LF beside R, Point right toe to right side  
7-8                     Touch right toe next to LF, Point right toe to right side

### JAZZ ¼ R KICK-BALL-POINT, STEP, SYNCOPATED POINTS (3:00)

1-2                     Cross RF over left, turn 1/4 R and step LF back  
3&4                     Kick RF Forward, Step RF next to left, Point Left Toe to Left Side  
5-6-7                  Step LF beside R, Point right toe to right side, hold  
&8                      Touch right toe next to LF (&), Point right to toe to right side (8)

### R CROSS SHUFFLE, 1/2 LEFT CROSS SHUFFLE, 4 SWAYS (9:00)

1&2                     Cross RF over LF, Step on LF, Cross RF over LF  
3&4                     Turn ½ left and cross LF over RF, step on RF, Cross LF over RF (9:00)  
5-8                     Sway right, left, right, left

### CROSS R ROCK FWD/RECOVER, TRIPLE, L CROSS ROCK FWD/RECOVER, TRIPLE

1-2                     Cross RF over left, recover weight to LF  
3&4                     Step on RF, close LF next to RF, step on RF  
5-6                     Cross LF over right, recover weight to RF  
7&8                     Step on LF, close RF next to LF, step on LF

**ENDING:** The last wall (11) starts facing 6:00 (third time you come to 6:00). At the end of the routine you are facing 3:00. To end facing 12:00, after the last Left Cross Rock/Recover (S4, counts 5-6), turn 1/4L and do a Triple stepping L, R, L.

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